

<u>WOMEN</u> <u>DEVOTIONAL PROGRAM</u>

### **<u>1. Welcome & Introductory Prayer</u>**

\*O Thou merciful God! O Thou Who art mighty and powerful! O Thou most kind Father! These servants have gathered together, turning to Thee, supplicating Thy threshold, desiring Thine endless bounties from Thy great assurance. They have no purpose save Thy good pleasure. They have no intention save service to the world of humanity.

O God! Make this assemblage radiant. Make the hearts merciful. Confer the bounties of the Holy Spirit. Endow them with a power from heaven. Bless them with heavenly minds. Increase their sincerity, so that with all humility and contrition they may turn to Thy kingdom and be occupied with service to the world of humanity. May each one become a radiant candle. May each one become a brilliant star. May each one become beautiful in color and redolent of fragrance in the kingdom of God.

O kind Father! Confer Thy blessings. Consider not our shortcomings. Shelter us under Thy protection. Remember not our sins. Heal us with Thy mercy. We are sick; Thou art mighty. We are poor; Thou art rich. We are sick; Thou art the Physician. We are needy; Thou art most generous. O God! Endow us with Thy providence. Thou art the Powerful. Thou art the Giver. Thou art the Beneficent.

('Abdu'l-Bahá, Compilations, Bahá'í Prayers, p. 108-110)

### 2. Reading: Women\_\_\_\_

\*The woman is indeed of the greater importance to the race. She has the greater burden and the greater work. Look at the vegetable and the animal worlds. The palm which carries the fruit is the tree most prized by the date grower. The Arab knows that for a long journey the mare has the longest wind. For her greater strength and fierceness, the lioness is more feared by the hunter than the lion.

"The mere size of the brain has been proved to be no measure of superiority. The woman has greater moral courage than the man; she has also special gifts which enable her to govern in moments of danger and crisis. If necessary she can become a warrior. ('Abdu'I-Bahá, 'Abdu'I-Bahá in London, p. 102-103)

# 3. Prayers and Readings

Open session – friends may choose any prayer or reading that they would like to recite. This may include the selected writings from the Bahá'í Faith included below.

\*Lauded be Thy name, O my God and the God of all things, my Glory and the Glory of all things, my Desire and the Desire of all things, my Strength and the Strength of all things, my King and the King of all things, my Possessor and the Possessor of all things, my Aim and the Aim of all things, my Mover and the Mover of all things! Suffer me not, I implore Thee, to be kept back from the ocean of Thy tender mercies, nor to be far removed from the shores of nearness to Thee.

Aught else except Thee, O my Lord, profiteth me not, and near access to anyone save Thyself availeth me nothing. I entreat Thee by the plenteousness of Thy riches, whereby Thou didst dispense with all else except Thyself, to number me with such as have set their faces towards Thee, and arisen to serve Thee.

Forgive, then, O my Lord, Thy servants and Thy handmaidens. Thou, truly, art the Ever-Forgiving, the Most Compassionate. (*Bahá'u'lláh, Compilations, Bahá'í Prayers, p.* 77-78)

\*Glory be to Thee, O Lord my God! I beg of Thee by Thy Name through which He Who is Thy Beauty hath been stablished upon the throne of Thy Cause, and by Thy Name through which Thou changest all things, and gatherest together all things, and callest to account all things, and rewardest all things, and preservest all things, and sustainest all things - I beg of Thee to guard this handmaiden who hath fled for refuge to Thee, and hath sought the shelter of Him in Whom Thou Thyself art manifest, and hath put her whole trust and confidence in Thee.

She is sick, O my God, and hath entered beneath the shadow of the Tree of Thy healing; afflicted, and hath fled to the City of Thy protection; diseased, and hath sought the Fountainhead of Thy favors; sorely vexed, and hath hasted to attain the Wellspring of Thy tranquility; burdened with sin, and hath set her face toward the court of Thy forgiveness.

Attire her, by Thy sovereignty and Thy loving-kindness, O my God and my Beloved, with the raiment of Thy balm and Thy healing, and make her quaff of the cup of Thy mercy and Thy favors. Protect her, moreover, from every affliction and ailment, from all pain and sickness, and from whatsoever may be abhorrent unto Thee.

Thou, in truth, art immensely exalted above all else except Thyself. Thou art, verily, the Healer, the All-Sufficing, the Preserver, the Ever-Forgiving, the Most Merciful. (Bahá'u'lláh, Compilations, Bahá'í Prayers, p. 88-90)

\*And let it be known once more that until woman and man recognize and realize equality, social and political progress here or anywhere will not be possible. For the world of humanity consists of two parts or members: one is woman; the other is man. Until these two members are equal in strength, the oneness of humanity cannot be established, and the happiness and felicity of mankind will not be a reality. God willing, this is to be so.

('Abdu'l-Bahá, The Promulgation of Universal Peace, p. 77)

\*Lauded be Thy name, O Lord my God! I entreat Thee by Thy Name through which the Hour hath struck, and the Resurrection came to pass, and fear and trembling seized all that are in heaven and all that are on earth, to rain down, out of the heaven of Thy mercy and the clouds of Thy tender compassion, what will gladden the hearts of Thy servants, who have turned towards Thee and helped Thy Cause.

Keep safe Thy servants and Thy handmaidens, O my Lord, from the darts of idle fancy and vain imaginings, and give them from the hands of thy grace a draught of the soft-flowing waters of Thy knowledge.

Thou, truly, art the Almighty, the Most Exalted, the Ever-Forgiving, the Most Generous.

(Bahá'u'lláh Compilations, Bahá'í Prayers, p. 128-130)

\*O Thou Whose face is the object of the adoration of all that yearn after Thee, Whose presence is the hope of such as are wholly devoted to Thy will, Whose nearness is the desire of all that have drawn nigh unto Thy court, Whose countenance is the companion of those who have recognized Thy truth, Whose name is the mover of the souls that long to behold Thy face, Whose voice is the true life of Thy lovers, the words of Whose mouth are as the waters of life unto all who are in heaven and on earth!

I beseech Thee, by the wrong Thou hast suffered and the ills inflicted upon Thee by the hosts of wrongful doers, to send down upon me from the clouds of Thy mercy that which will purify me of all that is not of Thee, that I may be worthy to praise Thee and fit to love Thee.

Withhold not from me, O my Lord, the things Thou didst ordain for such of Thy handmaidens as circle around Thee, and on whom are poured continually the splendors of the sun of Thy beauty and the beams of the brightness of Thy face. Thou art He Who from everlasting hath succored whosoever hath sought Thee, and bountifully favored him who hath asked Thee.

No God is there beside Thee, the Mighty, the Ever-Abiding, the All-Bounteous, the Most Generous.

(Bahá'u'lláh, Prayers and Meditations by Bahá'u'lláh , p. 12-14)

\*When the women attain to the ultimate degree of progress, then, according to the exigency of the time and place and their great capacity. they shall obtain extraordinary privileges. Be ye confident on these accounts. His Holiness Bahá'u'lláh has greatly strengthened the cause of women, and the rights and privileges of women is greatest principles one of the of 'Abdu'l-Bahá. Rest ye assured! Ere long the days shall come when the men addressing the women, shall say: 'Blessed are ye! Blessed are ye! Verily ye are worthy of every gift. Verily ye deserve to adorn your heads with the crown of everlasting glory, because in sciences and arts, in virtues and perfections ye shall become equal to man, and as regards tenderness of heart and the abundance of mercy and sympathy ye are superior'. ('Abdu'l-Bahá, Paris Talks, p. 182-184)

\*Glory be to Thee, O my God! I beg of Thee by Thy name, the Most Merciful, to protect Thy servants and Thy handmaidens when the tempests of trials pass over them, and Thy manifold tests assail them. Enable them, then, O my God, so to seek refuge within the stronghold of Thy love and of Thy Revelation, that neither Thine adversaries nor the wicked doers among Thy servants, who have broken Thy Covenant and Thy Testament, and turned away most disdainfully from the Day-Spring of Thine Essence and the Revealer of Thy glory, may prevail against them.

They themselves, O my Lord, have waited at the door of Thy grace. Do Thou open it to their faces with the keys of Thy bountiful favors. Potent art Thou to do what Thou willest, and to ordain what Thou pleasest. These are the ones, O my Lord, who have set their faces towards Thee, and turned unto Thy habitation. Do with them, therefore, as becometh Thy mercy, which hath surpassed the worlds.

(Bahá'u'lláh, Prayers and Meditations by, Bahá'u'lláh p. 231-232)

### 4. Closing Prayer

\*O my Lord, my Beloved, my Desire! Befriend me in my loneliness and accompany me in my exile. Remove my sorrow. Cause me to be devoted to Thy beauty. Withdraw me from all else save Thee. Attract me through Thy fragrances of holiness. Cause me to be associated in Thy Kingdom with those who are severed from all else save Thee, who long to serve Thy sacred threshold and who stand to work in Thy Cause. Enable me to be one of Thy maidservants who have attained to Thy good pleasure. Thou art the Gracious, the Generous. ('Abdu'l-Bahá, Bahá'í Prayers)

## 5. Social Portion

Refreshments and conversation.